



The Ola'a-Nalo Times

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Best Wishes for
the New Year
Train Hard
Train Safe

Back to the Roots of Eskrima ***Perpetuating the past while evolving to the future!***

Recently someone asked why we used the phrase "Back to the Roots of Eskrima" when referring to our ONE school. I explained that Derobio Eskrima, our foundation movement is a 200 year old blade style. I pointed out that as the FMA transitioned from the 1800's to the 1900's the old blade systems that utilized the passing defensive movements like Derobio were replaced with the modern stick fighting systems that primarily utilize Ala-contra (*against the force*) blocking. It was for this reason we coined the term "Back to the Roots of Eskrima".



I did not mention it but I was also thinking that our school was inspired by the 5 Manoy Eskrima guides that came to visit me in 2004. These spirits gave us the basic name, patch design (see left) and mission of our school.

An Interesting Derobio History Footnote:

During a Hawaii Pedoy School gathering in October of 2003 to celebrate GGM Pedoy's birthday Batikan Eduardo Pedoy commented that I was "Connected to the spirit world". I wonder if he had a premonition that a significant spiritual visitation was going to happen to me a year later.

Lessons from GGM Braulio Pedoy

GGM Pedoy would point to your head and say:
"This is not a hat rack". Learn to keep your mouth shut and your eyes and ears open for potential trouble!



ONE is an authorized
distributor of Bunal Brand
FMA Equipment.



THE JUNGLE VINE **WHATS COMING UP THIS YEAR**



Our New TV series
Hawaii Eskrima Ohana
will begin airing on
Sun-Jan 05, at 6pm
on Ch 53 on Olelo,
Hawaii Public TV.

In conjunction with these
TV programs an
S.P.K.F. tournament
is planned on Oahu
for the spring of 2014.



8th Annual Maui Open Tournament

will be held on Sat-Nov 15, 2014.

The venue at the Westin Maui Resort & Spa is confirmed. More information will be released this summer on room rates and other details. The Maui Open is Hawaii's largest multi-style martial arts tournament. Do not miss it.

Derobio Convention on Maui

A gathering of the Derobio Schools is in the planning stages. The date for the event is Thur-Nov 13, 2014. This event coincides with the 8th Annual Maui Open. As more details become available they will be released. Everyone involved with ONE or Derobio Eskrima should try to attend this event.

ONE 2014 Seminars Dates & Locations TBA

*If you stay involved in a martial art long enough you will learn about its past, be involved in its present and hopefully help shape its future. We are celebrating 10 years since ONE was formed. I am proud of all of you, good job to everyone. My deepest Mahalo and Aloha,
Master Ron*