



The Ola'a-Nalo Times

ISSUE NUMBER 3, May 2012



blockage in his heart. Get well soon, Bruddah Randy!

OLD TRADITIONS, NEW PATHWAYS

It all started in 2004, when the spirits of the 5 Eskrima

Manoys came to visit me at 3:00am that December morning. While we may not fully understand the reason for their visitation we move forward with our school mission to preserve and spread the movements of GGM Braulio Pedoy's Style of Derobio Eskrima.

The Masters Lesson

A fundamental difference in disarming concepts between Derobio and many other FMA systems is that Derobio tends to not discard the opponents weapon in an disarm. Instead Derobio prefers to capture the opponent's weapon and use it as leverage against them.

S.P.K.F.

A few months ago at the main branch we started holding SPKF matches on the first Saturday of each month. Unfortunately for the month of May we did not hold a match, but instead as a variation we held padded stick sparring, which as they say was more fun than a barrel of monkeys, those darn monkeys keep popping up. The guys did full power sparring with snap sticks and then ¾ power "attempted" disarms with the more rigid PVC core sticks. It was good training and reinforced the lesson on how difficult it is to get a hold of a full power strike and then try to effect a disarm with out getting your brains rearranged. Everyone that participated had a great time and said it was a good work out and wake up call on the reality of how fast strikes can come in.

School Notes

Congratulations to Mariano, Andy & Joel of the main branch school for passing their Beginning Student level tests, good job to future instructors.

Our condolences to Sr. Maestro Randy on the passing of one of his brothers and also a get well to the Maestro after having surgery to remove a

What is still to come in 2012?

The Global Stick Fighting & Blade Alliance (GSBA) World Championship Stick fighting competition will be held at the Riviera Hotel in Las Vegas, July 16-20, 2012.

This is the inaugural event for GSBA and there are competitors from the USA, Canada, Australia, and several European countries confirmed to be attending this event.

Sr. Maestro Randy and my self have already made our reservations. I hope that others from our school will be able to attend this week long competition and possibly participate in the tournament. WEKAF live stick and padded stick competitions will be held.

I have the honor of being asked to do an Ola'a-nalo Eskrima workshop at this world event. I am really looking forward to teaching the movements of Derobio to this very elite group of FMA people from around the world.

Check the Ola'a-nalo or WEKAF USA website or Face Book pages for more information.

We hope to see you there.

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The 6th Annual Maui Open is will take place in October of 2012. The venue and events are now being considered and as information becomes available we will pass it on to you.

You all make a difference to our school.

Thank you for your support.
TRAIN HARD, TRAIN SAFE
ALOHA MASTER RON